

Spicy Crab Cucumber Salad

Servings per recipe: 1

Serving counts as 1 protein, 1 vegetable,
and 1 grissini bread stick

Ingredients

- 100 grams crab - shredded
- 100 grams cucumber - peeled, seeded
- 1 Tbsp liquid aminos or low sodium soy
- 1/2 Tbsp apple cider vinegar
- 1/2-1 Tbsp spicy mustard
- 1/2-1 tsp wasabi powder
- 1 grissini - coarsely ground

Directions

1. Combine and stir liquid aminos or low sodium soy sauce, apple cider vinegar, spicy mustard, and wasabi powder.
2. Add remaining ingredients, toss & serve.

